

2019-2020 Wellness and Physical Education

Background

The physical education and wellness measures are required per state law.

3301.079(A)(3) says:

The state board shall adopt the most recent standards developed by the national association for sport and physical education for physical education in grades kindergarten through twelve or shall adopt its own standards for physical education in those grades and revise and update them periodically.

The department of education shall employ a full-time physical education coordinator to provide guidance and technical assistance to districts, community schools, and STEM schools in implementing the physical education standards adopted under this division. The superintendent of public instruction shall determine that the person employed as coordinator is qualified for the position, as demonstrated by possessing an adequate combination of education, license, and experience.

The legislature enacted this law because wellness and physical education are important components of a student's academic success. To accompany this law, the legislature also adopted ORC Section 3302.032 (A) and 3302.032(B) to create wellness and physical education measures on the building and district report cards. This section states the following:

Not later than December 31, 2011, the state board of education shall establish a measure of the following:

- (1) Student success in meeting the benchmarks contained in the physical education standards adopted under division (A)(3) of section [3301.079](#) of the Revised Code;*
- (2) Compliance with the requirements for local wellness policies prescribed by section 204 of the "Child Nutrition and WIC Reauthorization Act of 2004," 42 U.S.C. 1751 note;*
- (3) Whether a school district or building has elected to administer the screenings authorized by sections 3313.674, 3314.15, and 3326.26 of the Revised Code ;*
- (4) Whether a school district or building is participating in the physical activity pilot program administered under section [3313.6016](#) of the Revised Code.*

(B) The measure shall be included on the school district and building report cards issued under section [3302.03](#) of the Revised Code, beginning with the report cards issued for the 2012-2013 school year, but it shall not be a factor in the performance ratings issued under that section.

Physical Education and Wellness Measures

For district and school report cards, the data are reported through four measures. These measures include:

1. The extent to which the students meet physical education benchmarks
2. Whether the district implemented a local wellness policy required by federal regulation
3. Whether the building and/or district elected to administer Body Mass Index screenings to students (data gathered by Ohio Department of Health)
4. Participation in the Physical Education Pilot Program

Each element is reported in the Organization – General Information Record (DN Record). Details for each element can be found below.

Meeting Physical Education Standards

There are five physical education content standards and two benchmarks per standard per grade band. The standards are interrelated and contribute to a comprehensive physical education program. Students are required to test on each benchmark once per grade band (K-2, 3-5, 6-8, 9-12). It is up to each district to determine locally WHEN a student is tested within the grade band. For example, students must be tested on each benchmark sometime in the K-2 band, but districts can decide locally whether to test in Kindergarten, first grade or second grade.

The standards are located at the link below.

<http://education.ohio.gov/getattachment/Topics/Ohios-Learning-Standards/Physical-Education/Updated-Physical-Education-Standards-Evaluations-2/Updated-Physical-Education-Standards.pdf.aspx>

Students tested on the physical education benchmarks receive a score between 1 and 3 for each benchmark. The scores for all the benchmarks are averaged together and a student receives an overall score of Limited (1), Proficient (2), or Advanced (3). The counts of students scoring in each range are reported in EMIS by grade band as part of the DN record.

It is important to understand that the grade span of a school may not align with the grade span required for testing and some schools may have no data to report. For example, if a district has a building that serves only Kindergarten students, and the district elects to wait and test students in the KG-2 band in second grade, the Kindergarten building will have no data. When reporting data for the Kindergarten building, the district uses the option with asterisks for that grade band, which tells ODE that a building SERVES one or more grades in the grade band, but students in that building are not evaluated. (i.e. in the example above, the building would report data using the PHYSED**KG option).

A school also may serve more than one grade band and will have data in two or more bands to report. For example, if a school serves grades K-5 it would report data in both the KG-2 and 3-5 band.

The data elements that are reported in the DN record are as follows:

Grade Band KG-2

PHYSEDLMKG	Count of students at the limited level in the KG-02 grade band
PHYSEDPFKG	Count of students at the proficient level in the KG-02 grade band
PHYSEDADKG	Count of students at the advanced level in the KG-02 grade band
PHYSEDNEKG	Count of students not evaluated in the KG-02 grade band
PHYSED**KG	Evaluation not conducted at this grade band for the building

Grade Band 3-5

PHYSEDLM03	Count of students at the limited level in the 03-05 grade band
PHYSEDPF03	Count of students at the proficient level in the 03-05 grade band
PHYSEDAD03	Count of students at the advanced level in the 03-05 grade band
PHYSEDNE03	Count of students not evaluated in the 03-05 grade band
PHYSED**03	Evaluation not conducted at this grade band for the building

Grade Band 6-8

PHYSEDLM06	Count of students at the limited level in the 06-08 grade band
PHYSEDPF06	Count of students at the proficient level in the 06-08 grade band
PHYSEDAD06	Count of students at the advanced level in the 06-08 grade band
PHYSEDNE06	Count of students not evaluated in the 06-08 grade band
PHYSED**06	Evaluation not conducted at this grade band for the building

Grade Band 9-12

PHYSEDLM09	Count of students at the limited level in the 09-12 grade band
PHYSEDPF09	Count of students at the proficient level in the 09-12 grade band
PHYSEDAD09	Count of students at the advanced level in the 09-12 grade band
PHYSEDNE09	Count of students not evaluated in the 09-12 grade band
PHYSED**09	Evaluation not conducted at this grade band for the building

For the purpose of determining the rating that is displayed on the report card, schools and districts earn points for each student based on the level of proficiency in meeting the benchmarks. One point is earned for each student in the Limited range; two points are earned for each student in the Proficient range; and three points are earned for each student in the Advanced range. If data are reported in more than one band, the number of students in each range are summed to award the points. For example, if a school reports 12 students in the Limited range for the KG-2 band and 8 students in the Limited range for the 3-5 band, a total of 20 students earn 1 point for the school.

The final number of points are averaged, and the building or district receives a rating of High, Moderate or Low Success based on the ranges of points shown in the table below.

Report Card Rating	Average Student Score
High Success	Average student score 2.75 - 3.0 points
Moderate Success	Average student score 1.75 - 2.74 points
Low Success	Average student score 0.0 - 1.74 points

The calculation itself looks like this for School X, which had the following data reported for 93 students:

14 students scored Advanced in meeting the benchmarks in their grade band.

71 students scored Proficient in meeting the benchmarks in their grade band.

8 students scored Limited in meeting the benchmarks in their grade band.

$$14 \times 3 \text{ points} = 42 \text{ points}$$

$$71 \times 2 \text{ points} = 142 \text{ points}$$

$$8 \times 1 \text{ point} = 8 \text{ points}$$

93 students earned 192 points for an average of 2.06 points per student

$$192/93 = 2.06$$

Earning 2.06 points places the school in the “Moderate Success” range.

Body Mass Index Screening

School districts and individual schools within a district have the option to administer Body Mass Index (BMI) screenings to students enrolled in Kindergarten and grades three, five and nine. Districts must notify parents before taking the measurement, and parents can opt out of participation. It is important to understand that while ODE reports whether a school or district is participating in body mass screenings, it does not administer this program. If a school or district elects to participate, aggregated data from the screenings are reported to the Ohio Department of Health. At the end of each school year, the Ohio Department of Education receives a list of schools and districts from which the Department of Health received data, and that list is used to issue a green check that is displayed on the report card.

More information about BMI screenings can be found here: [BMI Screenings](#) and [BMI FAQ](#).

No data for this element gets reported in EMIS.

Local Wellness Policy

Federal regulation requires each school district that participates in the National School Lunch Program or other federal Child Nutrition programs to establish a local school wellness policy for all schools under its jurisdiction. This is part of the federal requirement to be eligible to receive federal school lunch funding and/or other child nutrition money. The DN record in EMIS includes an element called **LCLWELLPOL**, which is where the district reports whether it does or does not have a policy. If a policy exists, districts report a “Y” for this field. If there is no policy, districts report “N”.

Additional information on the policy can be found [here](#).

Districts with a local wellness policy (signified by reporting a “Y” for this element) will receive a green checkmark on their report card. Schools that belong to a district with a “Y” also will be credited with having a policy in place.

Physical Education Pilot Program

The Physical Education Pilot Program is an optional program. Schools and districts that choose to participate must provide every student with 30 minutes of moderate to rigorous physical activity every school day or 150 minutes per week.

It is important to understand that districts or schools choosing to participate in this program **MUST** submit a participation form for the current school year **NO LATER THAN August 30** of that year. Additionally, at the end of the school year, the district or school must complete a brief summary form by late May to early June of that school year (date has varied in recent years).

The Ohio Department of Education uses the participation form and summary form to determine which districts and schools participated in the pilot versus using data reported in EMIS. Thus, it is imperative for a school/district that is interested in the pilot to visit the weblink [here](#) to download, complete and return the forms by their due dates.

Districts and schools that participate will receive a green checkmark on their report card.