Ohio CACFP Weekly Menu for Children (5-Day)

SITE NAME:

Type	Component	Minimum Serving			Date:	Date:	Date:	Date:	Date:
		1 & 2 years	3 - 5 years	6 - 12 years	Mon.	Tues.	Wed.	Thur.	Fri.
Breakfast	Milk, fluid	1/2 cup	3/4 cup	1 cup					
	Juice, fruit or vegetable	1/4 cup	1/2 cup	1/2 cup					
	Grains/Breads Dry cereal	1/2 slice 1/4 cup or 1/3 oz.	1/2 slice 1/3 cup or 1/2oz.	1 slice 3/4 cup or 1 oz.					
	Other extra items								
AM Snack (Serve 2 food components)	Milk, fluid	1/2 cup	1/2 cup	1 cup					
	Juice, fruit or vegetable	1/2 cup	1/2 cup	3/4 cup					
	Grains/Breads/ Dry Cereal	1/2 slice 1/4 cup	1/2 slice 1/3 cup	1 slice 3/4 cup					
	Meat or meat alternate	1/2 oz.	1/2 oz.	1 oz.					
	Other extra items								
Lunch	Meat or meat alternate	1 oz.	1-1/2 oz.	2 oz.					
	Grains/Breads Pasta/Noodles	1/2 slice 1/4 cup	1/2 slice 1/4 cup	1 slice 1/2 cup					
	Fruit and/or vegetable and/or juice (to total 2 or more)	1/4 cup total	1/2 cup total	3/4 cup total					
	Milk, fluid	1/2 cup	3/4 cup	1 cup					
	Other extra items								

For more information on additional food components and amounts, please refer to Ohio CACFP Child Care Meal Pattern Chart.

This institution is an equal opportunity employer.

Rev. 3/12

Ohio CACFP Weekly Menu for Children (5-Day)

SITE NAME:

Type	Component	Minimum Serving			Date:	Date:	Date:	Date:	Date:
		1 & 2 years	3 - 5 years	6 - 12 years	Mon.	Tues.	Wed.	Thur.	Fri.
PM Snack (Serve 2 food components)	Milk, fluid	1/2 cup	1/2 cup	1 cup					
	Juice, fruit or vegetable	1/2 cup	1/2 cup	3/4 cup					
	Grains/Breads/ Dry Cereal	1/2 slice 1/4 cup	1/2 slice 1/3 cup	1 slice 3/4 cup					
	Meat or meat alternate	1/2 oz.	1/2 oz.	1 oz.					
	Other extra items								
Supper	Meat or meat alternate	1 oz.	1-1/2 oz.	2 oz.					
	Grains/Breads Pasta/Noodles	1/2 slice 1/4 cup	1/2 slice 1/4 cup	1 slice 1/2 cup					
	Fruit and/or vegetable and/or juice (to total 2 or more)	1/4 cup total	1/2 cup total	3/4 cup total					
	Milk, fluid	1/2 cup	3/4 cup	1 cup					
	Other extra items								
Evening Snack (Serve 2 food components)	Milk, fluid	1/2 cup	1/2 cup	1 cup					
	Juice, fruit or vegetable	1/2 cup	1/2 cup	3/4 cup					
	Grains/Breads Dry cereal	1/2 slice 1/4 cup	1/2 slice 1/3 cup	1 slice 3/4 cup					
	Meat or meat alternate	1/2 oz.	1/2 oz.	1 oz.					
	Other extra items								

For more information on additional food components and amounts, please refer to Ohio CACFP Child Care Meal Pattern Chart.
This institution is an equal opportunity employer.

Rev.3/12