

WIC

OHIO WIC PROGRAM ELIGIBILITY

WIC is a nutrition education program. WIC provides nutritious foods that promote good health for pregnant and breastfeeding women; women who recently had a baby; Infants birth through 12 months; children age 1 to 5 years; who are:

- Present at the clinic appointment, and provide proof of identity;
- Residents of the State of Ohio;
- Determined by health professionals to be a medical/nutritional risk; and
- Meets income guidelines – 185% of Federal Poverty Income Guidelines

Ohio WIC Program Income Guidelines

In order to be eligible for WIC, the gross countable income of the economic unit, of which the applicant/participant is a member, must be less than or equal to the Ohio WIC program income guidelines for economic unit size provided in the following chart. WIC income guidelines are updated each year.

WIC Income Guidelines (Effective from July 1, 2015 to June 30, 2016)

Persons in Family Or Household size	Annual	Monthly	Twice-Monthly	Bi-Weekly	Weekly
1	\$ 21,775	1,815	908	838	419
2	29,471	2,456	1,228	1,134	567
3	37,167	3,098	1,549	1,430	715
4	44,863	3,739	1,870	1,726	863
5	52,559	4,380	2,190	2,022	1,011
6	60,255	5,022	2,511	2,318	1,159
7	67,951	5,663	2,832	2,614	1,307
8	75,647	6,304	3,152	2,910	1,455
Each add'l member Add	7,696	642	321	296	148

How to Apply

WIC clinics are located in all 88 counties. Applicants can call the Help Me Grow Helpline at 1-800-755-GROW (1-800-755-4769) for specific clinic locations or call your county WIC clinic. You can also apply by going online to the WIC website at <http://www.odh.ohio.gov/odhprograms/ns/wicn/weligible.aspx> and by printing a WIC Program Application and mailing it to the WIC clinic in your area. Please note that you must schedule an appointment at the clinic, too. To save time at the appointment, you can also print out a health history form for each person applying.

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