

*Facts about USDA Commodities for the
National School Lunch and School Breakfast Programs*

***G-Force Apple (with walnuts) Nutrition Bar
(OHIO PROCESSED)***

Product Description

Individually wrapped 2 oz. nutrition bars using USDA walnuts.

Pack Size

G-Force nutrition bars are packaged 132 bars per shipping carton. Each case weights 18.5 lbs.

Yield

Each 16.5 pound case will provide 132 servings, each of which will provide 1 bread credit and ½ cup fruit credit in the National School Lunch Program or School Breakfast Program.

Uses

G-Force nutrition bars may be served in the breakfast program, snack programs or the lunch program.

Storage

Nutrition bars are shelf stable. The product may be stored between 45° - 80°F for up to three (3) months. Product can be frozen to extend shelf life to 1 year.

Best If Used By*

Nutrition bars are best if used within three (3) months of receipt.

Preparation

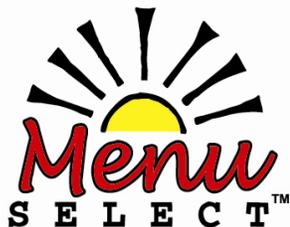
G-Force nutrition bars are ready to serve.

Nutritional Value

One 2 oz. bar provides:

Calories.....	220
Protein.....	3g
Carbohydrate.....	35g
Fat.....	7g
Saturated Fat.....	1g
Trans Fat.....	0g
Cholesterol.....	0mg
Vitamin A.....	0%
Vitamin C.....	0%
Iron.....	8%
Calcium.....	0%
Sodium.....	200 mg
Dietary Fiber.....	2 g

**The "Best If Used By" date is intended to tell you how long the product will retain best flavor or quality. The term is not a safety date. "Best If Used By" dates are intended as useful guidelines. Some foods may deteriorate more quickly and other foods may last longer than the times suggest. A number of factors can shorten the useful life of a food product, such as improper handling and inadequate storage temperatures. The inventory control method of "first-in-first-out" should be practiced by those responsible for managing commodity inventories and distribution to the State and local level. Products kept past the "Best If Used By" dates are not necessarily unusable. Food products may be consumed after the "Best If Used By" date if the product has been properly stored and handled, and the primary container is in good condition.*



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Ingredients:

Enriched Wheat Flour (Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Apple Juice Concentrate, Applesauce, Walnuts, Sunflower Shortening, Apple Fiber, PolyDextrose, Salt, Cinnamon, Baking Soda.

Allergens: Wheat, Walnuts. Made in a plant that processes peanuts & tree nuts.