

*Facts about USDA Commodities for the  
National School Lunch and School Breakfast Programs*

**FRUIT & GEL  
SHELF STABLE CUPS  
(OHIO PROCESSED)**

***Product Description***

Individually packaged 4oz. cups of fruit and gelatin using USDA fruit. Gelatin is not pork based.

***Pack Size***

Fruit and gelatin cups are packaged seventy-two (72)-4oz. cups per shipping carton. Each case weights 24 lbs.

***Yield***

Each fruit cup will provide ½ cup fruit/vegetable credit in the National School Lunch Program or School Breakfast Program.

***Uses***

Fruit cups may be served in the breakfast program or the lunch program.

***Storage***

Fruit cups are shelf stable. The product may be stored between 45° - 80°F for up to eighteen (18) months. Product should **never** be frozen.

***Best If Used By\****

Fruit cups are best if used within six (6) months of receipt.

***Preparation***

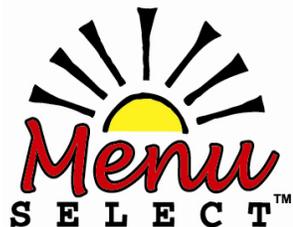
Shelf stable fruit and gelatin cups are ready to serve.

***Nutritional Value***

One 4 oz. fruit and gelatin cup provides:

Calories.....	80
Protein.....	0g
Carbohydrate.....	21g
Fat.....	0g
Saturated Fat.....	0g
Trans Fat.....	0g
Cholesterol.....	0mg
Vitamin A.....	4%
Vitamin C.....	30%
Iron.....	0%
Calcium.....	0%
Sodium.....	50mg
Dietary Fiber.....	1 g

*\*The "Best If Used By" date is intended to tell you how long the product will retain best flavor or quality. The term is not a safety date. "Best If Used By" dates are intended as useful guidelines. Some foods may deteriorate more quickly and other foods may last longer than the times suggest. A number of factors can shorten the useful life of a food product, such as improper handling and inadequate storage temperatures. The inventory control method of "first-in-first-out" should be practiced by those responsible for managing commodity inventories and distribution to the State and local level. Products kept past the "Best If Used By" dates are not necessarily unusable. Food products may be consumed after the "Best If Used By" date if the product has been properly stored and handled, and the primary container is in good condition.*



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## ***FRUIT & GEL SHELF STABLE CUPS*** **(OHIO PROCESSED)**

**Ingredients:**

Apple Juice, Pears, Sugar, Dextrose, Carrageenan, Malic Acid, Natural and Artificial Flavor, Locust Bean Gum, Citric Acid, Ascorbic Acid, (To Maintain Color), Artificial Color (FD&C Red #40), Salt, Maltodextrin.

**Allergens: None**