

7/11/08

*Facts about USDA Commodities for the
National School Lunch and School Breakfast Programs*

Low Sodium Mashed Potatoes, DEHYDRATED
(Ohio Processed)

Product Description

- Low sodium mashed potatoes.
- Made with 100% Idaho® potatoes.
- Only 25mg of Sodium for restricted diets.
- Dairy free.

Preparation

For a half pan: Measure into 4" half size steam table pan a half gallon (1.89L) hot or boiling water. Add one pouch of potatoes all at once, using a spoon or wire whip to distribute evenly and wet all potatoes. Let stand one minute, then mix. Place on steam table and serve. For a creamier mashed potato, add more hot or boiling water.

Pack Size

28.125 lb case containing 6/75 oz cartons

Nutritional value

1/4 cup serving of Low Sodium Mashed Potatoes (0.317 oz.) provides:

Yield

One 28.125 lb case provides approximately 1,420 servings of 0.317 ounces (before adding water) (1/4 cup after adding water) of mashed potatoes.

Calories.....	32
Protein.....	0.7 g
Carbohydrates.....	6.57g
Fat.....	0.37 g
Saturated Fat.....	0g
Trans Fat.....	0g
Cholesterol.....	0mg
Vitamin A.....	0%
Vitamin C.....	6%
Iron.....	2%
Calcium.....	0%
Sodium.....	12 mg
Dietary fiber.....	0.6g

Uses

Product may be used to meet the vegetable component of the NSLP pattern

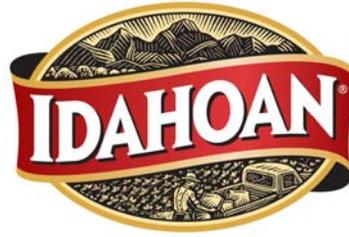
Storage

Store dry mashed potatoes in a cool, dry place

Best If Used By*

Dry mashed potatoes are best if used within 12 months of production.

**The "Best If Used By" date is intended to tell you how long the product will retain best flavor or quality. The term is not a safety date. "Best If Used By" dates are intended as useful guidelines. Some foods may deteriorate more quickly and other foods may last longer than the times suggest. A number of factors can shorten the useful life of a food product, such as improper handling and inadequate storage temperatures. The inventory control method of "first-in-first-out" should be practiced by those responsible for managing commodity inventories and distribution to the State and local level. Products kept past the "Best If Used By" dates are not necessarily unusable. Food products may be consumed after the "Best If Used By" date if the product has been properly stored and handled, and the primary container is in good condition.*



6360 South Federal Way, Boise ID 83716
(208) 384-8000

Idahoan Naturally (Low Sodium Mashed Potatoes)

Idaho® potatoes, partially hydrogenated oil (contains one or more of the following: soybean, cottonseed, sunflower), monoglycerides, calcium stearoyl lactylate, spice, artificial color, sodium acid pyrophosphate, sodium bisulfite, artificial flavor, citric acid, mixed tocopherols added to protect freshness. **Contains: Soy.**

Visit our website at www.simplotfoods.com and click on the Smart Schools link for school information. It pays to be a smart school.