

8/21/13

*Facts about USDA Commodities for the
National School Lunch and School Breakfast Programs*

**PARBAKED CHEESE FILLED BREADSTICKS
FROZEN
(OHIO PROCESSED)**

Product Description

Parbaked breadsticks made from enriched bakers hard wheat flour and Non-Fat Dry Milk (made into mozzarella), each weighing a minimum of 3.0 ounces.

on baking tray in preheated 375°F oven. Bake for 7 to 9 minutes or until golden brown. It is recommended to top with butter and or parmesan cheese after baking.

Pack Size

13.5-pound case containing 72 parbaked cheese filled breadstick.

Nutritional value

One breadstick (3.0 ounces), baked, provides:

Yield

One 13.5 pound case provides 72 breadsticks; each stick provides two (2) servings of grains/breads and one (1) serving of meat/meat alternate for the National School Lunch Program.

Calories.....	230
Protein.....	13g
Carbohydrates.....	28g
Fat.....	6.0g
Saturated Fat.....	3.5g
Trans Fat.....	0g
Cholesterol.....	15mg
Vitamin A.....	4%
Vitamin C.....	0%
Iron.....	10%
Calcium.....	20%
Sodium.....	320mg
Dietary fiber.....	3g

Uses

Breadsticks are parbaked and ready to heat and serve.

Storage

Store breadsticks frozen in original shipping containers off the floor at 0°F or below.

Best If Used By*

Frozen cheese filled parbaked breadsticks are best if used within 6 months of production.

**The "Best If Used By" date is intended to tell you how long the product will retain best flavor or quality. The term is not a safety date. "Best If Used By" dates are intended as useful guidelines. Some foods may deteriorate more quickly and other foods may last longer than the times suggest. A number of factors can shorten the useful life of a food product, such as improper handling and inadequate storage temperatures. The inventory control method of "first-in-first-out" should be practiced by those responsible for managing commodity inventories and distribution to the State and local level. Products kept past the "Best If Used By" dates are not necessarily unusable. Food products mat is consumed after the "Best If Used By" date if the product has been properly stored and handled, and the primary container is in good condition.*

Preparation

Place thawed (one hour thawed) breadsticks on baking sheet (lightly oiled) in a convection oven preheated to 375°F. Bake for 7 to 9 minutes or until golden brown. For conventional oven place thawed breadsticks



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Ingredients:

Crust: 100% all natural whole wheat flour, Wheat Flour enriched (niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Malted barley flour, water, sugar, soybean oil (citric acid), Shortening (partially hydrogenated soybean & cottonseed oils), salt (yellow prussiate of soda), yeast (sorbitan monostearate, ascorbic acid).

Filling: Reduced Fat Mozzarella Cheese (pasteurized, reduced fat milk, cheese cultures, salt, enzymes), Mozzarella Cheese (pasteurized part skim milk, cultures, salt, enzymes).

Allergens: Wheat, Soy, Milk.