

5/29/08

*Facts about USDA Commodities for the  
National School Lunch and School Breakfast Programs*

**TOMATO KETCHUP**  
**(Ohio Processed)**

***Product Description***

Tomato ketchup made from USDA tomato paste has a red color is smooth, and free flowing with a flavor and aroma typical of ketchup.

***Pack Size***

One case contains 6/#10 cans.

***Yield***

One case provides approximately 1,151 servings of .6 ounces (1 tablespoon) of ketchup. There are 192 serving (.6 oz) per can.

***Uses***

Tomato ketchup may be used as a condiment or as a base for sauces.

***Storage***

Store tomato ketchup in dry storage in original shipping container off the floor at 55-80°F. Refrigerate cans after opening.

***Best If Used By\****

Tomato ketchup is “best-if-used” within 30 months of processing.

***Preparation***

Open and serve.

***Nutritional value***

One tablespoon (17 grams) of tomato ketchup provides;

Calories.....	15
Protein.....	0g
Carbohydrates.....	4g
Fat.....	0g
Saturated Fat.....	0g
Trans Fat.....	0g
Cholesterol.....	0mg
Vitamin A.....	6%
Vitamin C.....	0%
Iron.....	0%
Calcium.....	0%
Sodium.....	190mg
Dietary fiber.....	0g
Sugars.....	4g

*\*The “Best If Used By” date is intended to tell you how long the product will retain best flavor or quality. The term is not a safety date. “Best If Used By” dates are intended as useful guidelines. Some foods may deteriorate more quickly and other foods may last longer than the times suggest. A number of factors can shorten the useful life of a food product, such as improper handling and inadequate storage temperatures. The inventory control method of “first-in-first-out” should be practiced by those responsible for managing commodity inventories and distribution to the State and local level. Products kept past the “Best If Used By” dates are not necessarily unusable. Food products may be consumed after the “Best If Used By” date if the product has been properly stored and handled, and the primary container is in good condition.*



## **RED GOLD FANCY TOMATO KETCHUP, 6 / #10 CANS**

**PHONE: 877-748-9798**

### **INGREDIENT DECLARATION**

Tomato concentrate (water, tomato paste), high fructose corn syrup, corn syrup, vinegar, salt, onion powder, spice, natural flavors.