Rev.5/23/07

Facts about USDA Commodities for the National School Lunch and School Breakfast Programs

SEASONED CROSS CUT FRIES FROZEN

(Ohio Processed)

Product Description

Random waffle/lattice cut potatoes

Pack Size

27 lb case containing 6/4.5 lb packages

Yield

One 27-pound case provides approximately 144 servings of 3.0 ounces (½ cup) of cross-cut fries

Uses

Cross-cut fries are frozen and ready to cook and serve. Cross-cut fries may be used to meet the vegetable component of the NSLP pattern

Storage

Store cross-cut frozen in original shipping containers off the floor at 0ºF or below.

*Best If Used By**

Frozen cross-cut fries are best if used within 12 months of production.

Preparation

Place frozen cross-cut in convection oven at 425ºF for ten (10) – fourteen (14) minutes or Deep fry 1.0 lb for two and a quarter (2 1/4) – two and three quarter (2 ¾) minutes at 350ºF.

Nutritional value

½ cup serving of cross-cut fries (3.0oz.) provides:

Calories……..…..170
Protein……..…..2g
Carbohyrates……...…21g
Fat...……...……9g
Saturated Fat…….….1g
Trans Fat……0g
Cholesterol...…….…..0mg
Vitamin A……...…….0%
Vitamin C……...……..2%
Iron…… 4%
Calcium……0%
Sodium…….……...490mg
Dietary fiber……...2g

**The "Best If Used By" date is intended to tell you how long the product will retain best flavor or quality. The term is not a safety date. "Best If Used By" dates are intended as useful guidelines. Some foods may deteriorate more quickly and other foods may last longer than the times suggest. A number of factors can shorten the useful life of a food product, such as improper handling and inadequate storage temperatures. The inventory control method of "first-in-first-out" should be practiced by those responsible for managing commodity inventories and distribution to the State and local level. Products kept past the "Best If Used By" dates are not necessarily unusable. Food products mat be consumed after the "Best If Used By" date if the product has been properly stored and handled, and the primary container is in good condition.*

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Seasoned Cross Cut Fries

Potatoes, Vegetable Oil (Contains one or more of the following: Canola Oil, Soybean Oil, Cottonseed Oil, Sunflower Oil, Corn Oil), Bleached Enriched Wheat Flour (Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid) [WHEAT], Salt, Tapioca Starch – Modified, Dextrin, Garlic Powder, Onion Powder, Spice, Dextrose, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Spice and Coloring, Xanthan Gum, Annatto (Color), Dextrose, Sodium Acid Pyrophosphate Added To Preserve Natural Color.

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