

*Facts about USDA Commodities for the  
National School Lunch and School Breakfast Programs*

***HOMESTYLE MASHED POTATOES, FROZEN***  
***(Ohio Processed)***

***Product Description***

Frozen mashed potatoes

***Pack Size***

24 lb cases containing 6/4 lb boilable packages

***Yield***

One 24-pound case provides approximately 69-½ cup servings of 5.5 ounces of mashed potatoes.

***Uses***

Homestyle mashed potatoes are frozen and ready to cook and serve. Mashed potatoes may be used to meet the vegetable component of the NSLP pattern

***Storage***

Store mashed potatoes frozen in original shipping containers off the floor at 0°F or below.

***Best If Used By\****

Frozen mashed potatoes are best if used within 18 months of production.

***Preparation***

Place frozen mashed potatoes into boiling water. Heat twenty-five (25) – thirty (30) minutes or microwave one bag for ten (10) – thirteen (13) minutes. Cut a slit ½ inch long in center of bag and knead bag halfway through cook time. Cook to internal temperature of 175°F.

***Nutritional value***

½ cup serving of homestyle mashed potatoes (5.5oz.) provides:

Calories.....	120
Protein.....	2g
Carbohydrates.....	20g
Fat.....	3.5g
Saturated Fat.....	1g
Trans Fat.....	0g
Cholesterol.....	2mg
Vitamin A.....	4%
Vitamin C.....	4%
Iron.....	2%
Calcium.....	2%
Sodium.....	490mg
Dietary fiber.....	1g

*\*The "Best If Used By" date is intended to tell you how long the product will retain best flavor or quality. The term is not a safety date. "Best If Used By" dates are intended as useful guidelines. Some foods may deteriorate more quickly and other foods may last longer than the times suggest. A number of factors can shorten the useful life of a food product, such as improper handling and inadequate storage temperatures. The inventory control method of "first-in-first-out" should be practiced by those responsible for managing commodity inventories and distribution to the State and local level. Products kept past the "Best If Used By" dates are not necessarily unusable. Food products may be consumed after the "Best If Used By" date if the product has been properly stored and handled, and the primary container is in good condition.*



2275 Cabot Dr. Lisle, IL 60532  
(630) 955-0400

## **Homestyle Mashed Potatoes**

Potatoes, Soybean Oil, Whole Milk Powder (Pasteurized Skim Milk, Cream) [MILK], Salt, Cream Cheese (Pasteurized Milk and Cream, Cheese Culture, Salt, Carob Bean Gum) [MILK], Creamer (Whey, Milk Protein Concentrate) [MILK], Spices, Sodium Acid Pyrophosphate Added To Preserve Natural Color.

Visit our web site at [www.mccain4schools.com](http://www.mccain4schools.com)  
[www.mccainusa.com](http://www.mccainusa.com)

**McCain4Schools Moves You  
to the Head of the Class With  
great food. good sense.™**