



BLACKBERRIES

Blackberries have a similar appearance to raspberries, but they are larger, hardier, and have a dark purple to black color. Depending upon their ripeness blackberries can taste tart to sweet. In general blackberries taste the best when their glossy shine becomes dull and their color is more black than purple. There are also blackberry hybrids that include boysenberries, loganberries, and ollalieberries, which are all tart tasting berries.

Blackberries can be enjoyed many ways. They can be eaten raw, used in cooking and baking, or used to make jams and jellies just to name a few. Like other berries, blackberries are sources of vitamin C, potassium and fiber. The peak season for blackberries is June and July with harvesting beginning in May and ending in September.