000538 - Chic Penne : Challenge Recip	Attributes	Allergens	Allergens	Allergens
000536 - Gilic Pellile . Gliallefige Recip	Attributes	Present	Absent	Unidentified
HACCP Process: No HACCP Process				? - Milk
Number of Portions: 50				? - Egg
Size of Portion: Serving				? - Peanut
				? - Tree Nut
				? - Fish
				? - Shellfish
				? - Soy
				? - Wheat

Ingredients	Measures	Instructions
902563 Penne Pasta Whole Grain	6 lbs 1 1/4 gals + 3 CUPS (florets) 2 lbs + 1/3 oz	1. Cook pasta in a stockpot of boiling water or in a steamer for 15 minutes-until crisp tender.  2. Drain pasta and rinse with cool water.  3. Place pasta in a 13 x 9 x 2" pan for 12 servings, or a 4" steamtable pan for 50 servings.  4. Steam broccoli for 5 minutes. Drain and pour on top of pasta in cooking dish or in steamtable pan.  5. Top pasta and broccoli with thawed pre cooked chicken strips in cooking dish or steamtable pan.
001085 MILK,NONFAT,FLUID,W/ VIT A (FAT FREE OR	3 qts + 1/2 cup 2 cups + 1 Tbsp 2 cups + 1 Tbsp	6. Heat 1-1/4 cup of milk and chicken broth in a large heavy saucepan over heat until steaming. Whisk remaining 1/4 cup milk and flour in a small bowl until smooth. Add to the hot milk and cook 2 to 3 minutes, until thickened. Remove from heat.
001168 CHEESE,LOFAT,CHEDDAR OR COLBY 900356 CHEESE,MOZZARELLA,LOWFAT 001016 CHEESE,COTTAGE,LOWFAT,1% MILKFAT 002025 NUTMEG,GROUND	1 qt + 1/8 CUP (shredded) 1 qt + 1/8 CUP (shredded) 2 qts + 1/4 CUP ((not packed)) 1 tsp	7. Stir in cheddar and mozzarella cheese until melted. Stir in cottage cheese, nutmeg and pepper.      8. Pour cheese mixture evenly over pasta and mix with a spoon.
UUZUSU FEFFER,DLAON	2 Tbsp + 1/4 tsp	<ul> <li>9. Cover the baking dish or steamtable pan with foil.</li> <li>10. Bake until mixture is bubbly.</li> <li>Conventional Oven: 350 degrees for 30 minutes.</li> <li>Convection Oven: 325 degrees for 25 minutes</li> <li>CCP: Heat to 165 degrees or higher for at least 15 seconds.</li> <li>CCP: Hold for hot service at 135 degrees or higher.</li> </ul>

\*Nutrients are based upon 1 Portion Size (Serving)

				Nutificities are t	aseu upon i i onion oi	ize (Serving)			
Calories	343 kcal	Cholesterol	20 mg	Protein	24.11 g	Calcium	227.50 mg	13.70% Calories	from Total Fat
Total Fat	5.21 g	Sodium	455 mg	Vitamin A	127.7 RE	Iron	2.94 mg	5.04% Calories	from Saturated Fat
Saturated Fat	1.92 g	Carbohydrates	51.42 g	Vitamin A	461.4 IU	Water <sup>1</sup>	*133.08* g	*0.00%* Calories	from Trans Fat
Trans Fat1	*0.00* g	Dietary Fiber	7.02 g	Vitamin C	36.0 mg	Ash <sup>1</sup>	*2.04* g	60.03% Calories	from Carbohydrates
								28.14% Calories	from Protein

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

## **Chic Penne**

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\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

- \* denotes combined nutrient totals with either missing or incomplete nutrient data
- <sup>1</sup> denotes optional nutrient values

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