000465 - Spinach Strawberrry Salad : Let's Move	Attributes	Allergens Present	Allergens Absent	Allergens Unidentified
HACCP Process: #1 No Cook				? - Milk
Number of Portions: 50				? - Egg
Size of Portion: SERVINGS				? - Peanut
				? - Tree Nut
				? - Fish
				? - Shellfish
				? - Soy
				? - Wheat

Ingredients	Measures	Instructions
050151 ITALIAN SEASONING MIX	1 1/2 Tbsp 1/4 cup 1/4 cup 2 1/2 Tbsp 2 Tbsp	Prepare Dressing: microwave strawberry preserves until warm and slightly runny. Mix preserves, salad dressing mix, balsamic vineager, and oil. Use a mixer or blender to mix together. Make one to two days ahead of preparation for maximum flavor.
011457 SPINACH,RAW	3 gals + 2 cups 1 qt + 1 cup 1 qt + 2 1/4 CUPS (sliced) 2 1/2 ozs 3 qts + 1/2 cup	Toss spinach, drained mandarian oranges, and sliced strawberries lightly to make salad mix. Just before service toss the salad mix, dressing, croutons and mozarella cheese.
		Serve 1 cup of salad as a side salad. Keep at 41 degrees or lower.

\*Nutrients are based upon 1 Portion Size (SERVINGS)

Calories	86 kcal	Cholesterol	1 mg	Protein	2.58 g	Calcium	56.44 mg	31.48%	Calories from Total Fat
Total Fat	3.01 g	Sodium	142 mg	Vitamin A	267.2 RE	Iron	1.32 mg	8.71%	Calories from Saturated Fat
Saturated Fat	0.83 g	Carbohydrates	13.19 g	Vitamin A	3138.7 IU	Water <sup>1</sup>	*68.64* g	*0.05%*	Calories from Trans Fat
Trans Fat1	*0.00* g	Dietary Fiber	1.89 g	Vitamin C	25.3 mg	Ash <sup>1</sup>	*1.03* g	61.24%	Calories from Carbohydrates
								11.99%	Calories from Protein

<sup>\*</sup>N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

<sup>\* -</sup> denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>&</sup>lt;sup>1</sup> - denotes optional nutrient values