LOGIC MODEL

LOGIC MODEL OF THE SCHOOL PHYSICAL FITNESS AND WELLNESS ADVISORY COUNCIL

STRATEGIES

Develop guidelines for best practices regarding nutrition education and physical activity that promote student wellness

Develop evaluation guidance for schools to meet their wellness policy goals and objectives

Market and disseminate the best practice guidelines and evaluation strategies

SCHOOL EVALUATION

OUTCOMES FOR SCHOOLS AND COMMUNITIES

Schools provide an environment that offers and promotes healthy and appealing food and drink choices

Parents, families and students are educated about healthy lifestyle choices

Schools collaborate with public and private entities to promote student wellness

Schools maximize their participation in federal child nutrition programs

Schools maximize their participation in student fitness and physical activity programs

Schools integrate nutrition education and physical activity into their everyday curriculum

Schools provide professional development, support and resources for staff about wellness

School community leadership demonstrates a commitment to wellness through policies, plans and actions

Schools provide a positive dining environment that encourages a pleasant eating experience

Schools provide and promote social, noncompetitive fitness and activity opportunities

Schools use data to develop, structure and support their wellness plans

STUDENT EVALUATION

OUTCOMES FOR STUDENTS

Students have the knowledge, skills and confidence to make healthy choices amongst social and peer pressures

Students decrease their health risks

Students improve their level of physical fitness

Students make healthy food and drink choices

Students are advocates for healthier school environments

Students understand the short- and long-term positive impact of healthy lifestyle choices

Lifelong healthy behaviors for all students

Higher achievement for all students