

# Middle School Family and Consumer Science Education Courses

Course Number	Curriculum Code	Course Title	Course Length	Course Sequence
091201	VN	Introduction to Family and Consumer Sciences	30-90 Hours	7-10
091205	VN	Principles of Food	30-90 Hours	7-10
091410	VN	Transitions and Careers	30-90 Hours	7-10
091501	VN	Textiles and Interior Design	30-90 Hours	7-10
093005	VN	Personal Wellness and Development	30-90 Hours	7-10

**Note:** Middle school courses offered in buildings other than the high school must complete a CTE-26 identifying the building of instruction and Program of Study. State licensure rules apply.

## **Introduction to Family and Consumer Sciences**

### **Subject Code: 091201**

This introductory course will provide students with an overview of the four major content areas of Family and Consumer Sciences. Students will be introduced to child development, family relationship concepts and how they relate to family dynamics. Additionally, students will identify financial literacy and consumer economic principles. Students will understand the concepts of design through textiles for personal and home use. Throughout the course, students will develop communication, leadership and career investigation skills.

## **Principles of Food**

### **Subject Code: 091205**

In this course, students will gain knowledge in food selection criteria and apply preparation methods to promote a healthy lifestyle. Students will apply cooking methods, ingredient selection and nutritional information in the context of selected food dishes. Throughout the course, basic food safety and sanitation techniques will be emphasized.

## **Transitions and Careers**

### **Subject Code: 091410**

In this course, students will analyze interests, aptitudes and skills to prepare for careers and transition through life. An emphasis will be placed on work ethics, team building, communication and leadership skills. Additional topics will include technology etiquette and career planning.

## **Textiles and Interior Design**

**Subject Code: 091501**

In this course students will explore a broad range of topics relating to the various aspects and career opportunities available in the field of textiles and design. The emphasis will be given to textiles project development and developing strategies to maintain the home. Additional topics will include project collaboration, design techniques and environmental sustainability.

## **Personal Wellness and Development**

**Subject Code: 093005**

In this course students will develop a personalized approach to healthy living. An emphasis will be placed on developing personal health for an adolescent that can be used as they transition through life. Additional topics will focus on problem-solving, work ethics, nutritional and food selections, family dynamics and personal health.