

Ohio's Priorities: Student Wellness

Office of Whole Child Supports

Nov. 15, 2024

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**Department of
Education &
Workforce**

Agenda

- Student wellness, a Department priority
- Current needs and challenges for Ohio's students
- State and district level data sources
- Resources

Agency Priorities

Literacy

Workforce Readiness

Accelerating Learning

Student Wellness

Office of Whole Child Supports

Safe and Supportive Schools

Safety

PBIS

School Climate

Attendance

Family and
Community
Engagement

Student Voice

School Wellness

Mental Health

School-Based Health

Prevention

Medicaid in Schools

Vulnerable Youth

Military

Justice Involved

Foster Care

English Learners

Homeless



Student Wellness and Learning

- **Science of Learning and Development**

Students learning occurs through the interconnection between cognitive, social, affective and emotional functions occurring simultaneously.

Learning is dependent on secure attachments, positive relationships and integration of social, emotional and academic skills.

Possible Impacts on Learning

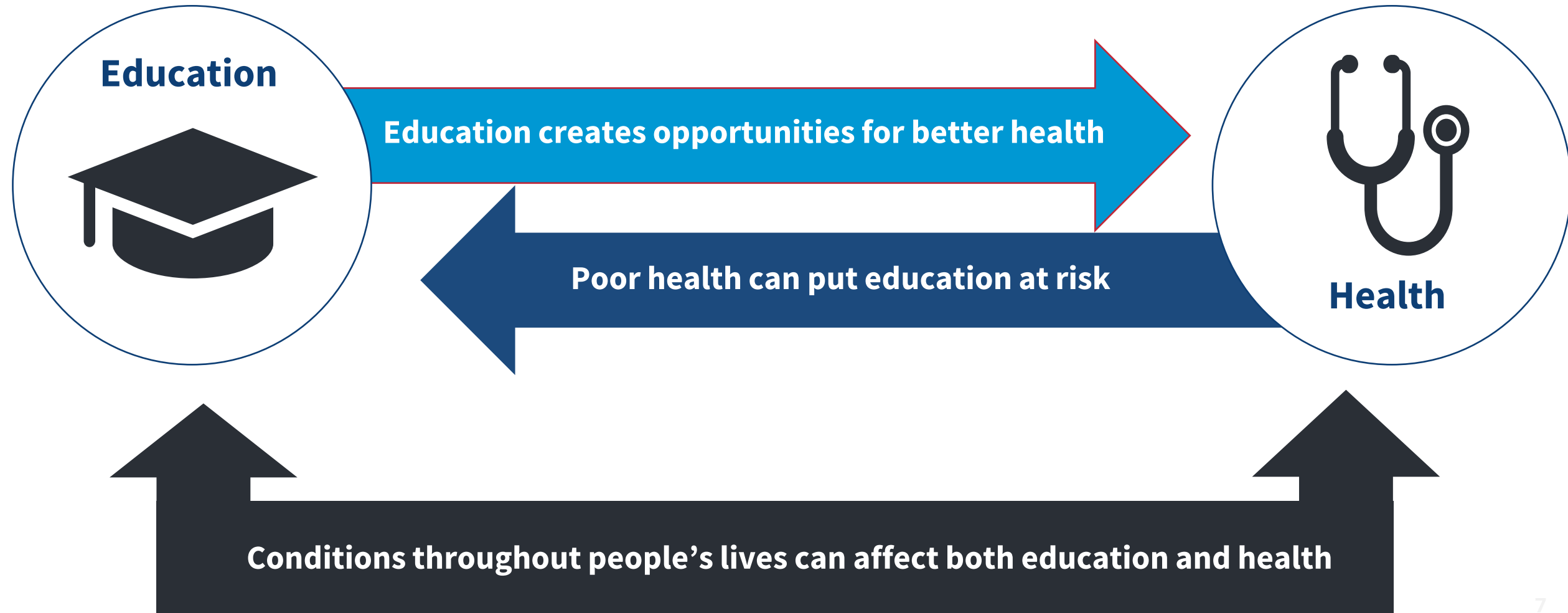
Learning

- Organizing narrative material
- Cause and effect
- Taking another's perspective
- Attentiveness
- Regulating emotions
- Engaging in curriculum

Behavior

- Lack of motivation
- Reactivity and impulsivity
- Aggression and defiance
- Withdrawal
- Perfectionism
- Fight, flight, freeze

Health and Education



Graphic adapted from:

Virginia Commonwealth University. (2015, Feb. 13). *Why Education Matters to Health: Exploring the Causes*. Center on Society and Health. <https://bit.ly/3LEuLlo>

Student Wellness Needs and Challenges



U.S. Mental Health Landscape

Pre-Pandemic (2009-2019)

- 1 in 5 youth have a diagnosis
- 40% increase in high school students feeling sad or hopeless
- Suicide rates among ages 10-24 increased by 57%.

During Pandemic (2020-2022)

- Depressive and anxiety symptoms doubled for youth

Ohio Students Mental Health Challenges



- 1 in 3 Ohio students reports challenges with anxiety
- 1 in 3 Ohio students reports feeling sad and hopeless
 - Almost 115,000 high-school aged kids in Ohio have experienced depression
- **Workforce Shortages**

The Need

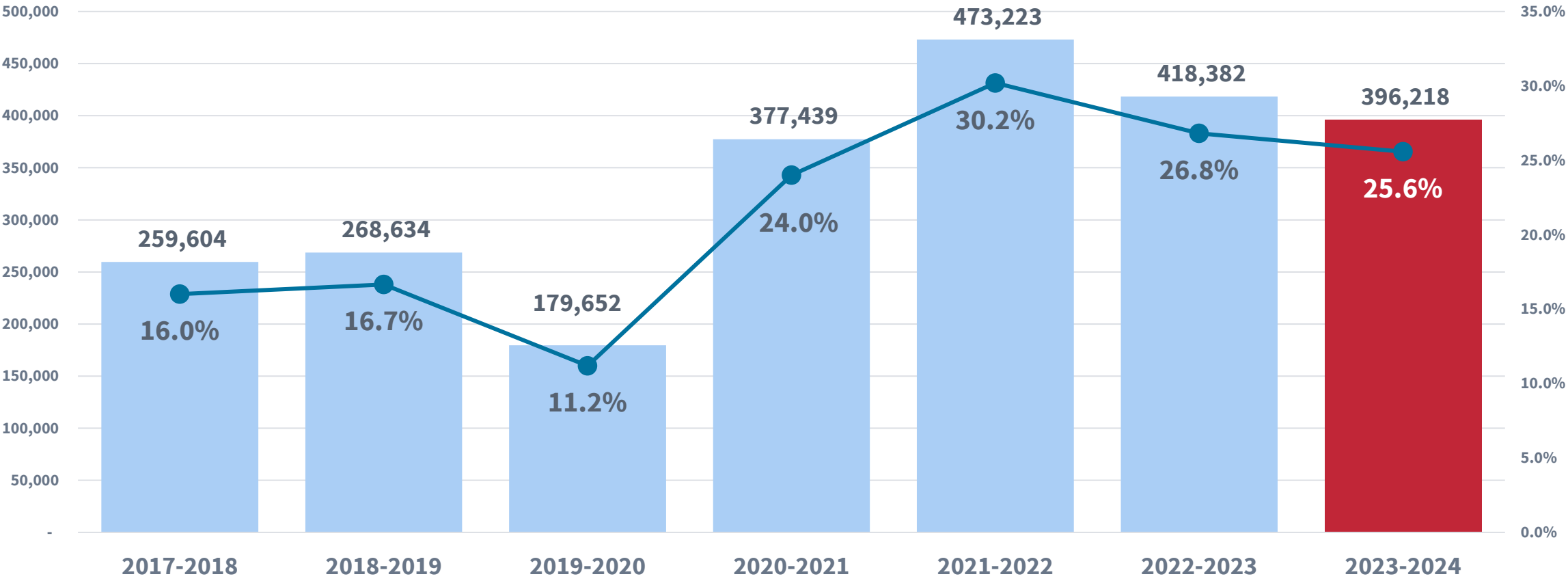
- 24,046 experienced homelessness¹;
- 829,879 (49.6%) economically disadvantaged¹;
- 703,214 students participated in Medicaid²;
 - 42% of Ohio's K-12 students; and
 - ↑ 20,500 from previous year.

1. Ohio Department of Education and Workforce: <https://reports.education.ohio.gov/report/report-card-data-district-enrollment-by-student-demographic>

2. Ohio Department of Education and Workforce: Healthy Student Profiles: <https://education.ohio.gov/Topics/Student-Supports/School-Wellness/Healthy-Students-Profiles>



Chronic Absence Statewide



State and District Level Data

Using Data to Support Wellness



Pursue programming to meet specific student needs



Target efforts to build & sustain healthy homes, schools, and community environments



Set goals for wellness and track progress over time



Guide the modification of school health curricula and programming



Seek funding and other supports for new initiatives

Attendance Data

Connection between student wellness and absenteeism

Students in grades K-3 who were never chronically absent were 6.7x more likely to pass the 3rd Grade Reading Guarantee

High school students who were never chronically absent were 9x more likely to graduate on time



OHYES!

The OHYES! uncovers student needs on a local level, empowering high-impact change in schools and communities across Ohio.



Youth Risk Behavior Survey/Youth Tobacco Survey

YRBS/YTS gathers state-representative data on student health risks and behaviors likely to result in adverse outcomes.



School Health Profiles Survey

Profiles surveys principals and health educators to gather insights into Ohio's school health policies and practices.

youthsurveys.ohio.gov

OHYES! Survey Topics



Feelings about school and community



Personal use of alcohol, tobacco, and other drugs



Perceptions of substance-use risks



Mental health, suicide, and access to health care



Family and personal relationships



Health behaviors, sleep, nutrition, and exercise

Healthy Student Profiles: A Partnership

- Published annually
- Medicaid claims collected
- Public Schools
- School building level and district level data available (2022-2023)

Healthy Student Profiles Data



Health
Interactions



Health
Condition



Educational
Indicators



Staff
Indicators

Additional Data Sources

- [Prevention Services Data Report](#)
- Discipline Data
- Restraint and Seclusion Data
- PBIS Tiered Fidelity Inventory

Funding and Sustainability

Ohio Funding

- [Student Wellness and Success Funds and Disadvantaged Pupil Impact Aid](#)
- State agency grants
- Local Alcohol, Drug, and Mental Health Boards

Federal Funding

- Title IV and Stronger Connections
- U.S. Department of Education
- Medicaid School Program
- Substance Abuse and Mental Health Services Administration
- Health Resources and Services Administration
- Bureau of Justice Assistance

Student Wellness and Success

- Began in the 2019-2020 school year
- Nearly \$1.5 billion over five-year period
- Wrap-Around Supports

Supporting Student Wellness

- [School Payment Reports](#)
 - [Supporting Student Wellness](#)
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- **At least 50% of SWSF must be used for mental or physical health services or a combination of both**

Key: ● Student Wellness and Success Funding ■ Disadvantaged Pupil Impact Aid

	Initiatives	Examples
● ■ Mental health services	Mental health services, including telehealth services, community-based behavioral health services and recovery supports	Hiring new or additional social workers and school counselors to provide supports to students Partnering with community agencies to identify student needs and provide evidence-based behavioral health services and recovery support
● ■ Physical health services	Physical health care services, including telehealth services and community-based health services	Hiring school nurses and healthcare providers to serve students during the school day Providing telehealth services to meet students' physical health needs in rural communities Constructing or adapting existing space for a school-based health center Collaborating with community partners to address student physical and mental health needs through school-based health care

Resources

[School Based
Mental Health Web
Page](#)

[Student and Staff
Well-being Toolkit](#)

[Trauma- Informed
Schools](#)

[Prevention
Education](#)

[School-Based
Health Toolkit](#)

[Student Wellness
and Success Funds
and Disadvantaged
Pupil Impact Aid](#)

Questions?

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