# 2022-2023 School Year <br> Wellness and Physical Education Data Technical Documentation TRADITIONAL DISTRICT AND SCHOOL REPORT CARDS 

## Introduction

The national association for sport and physical education creates a set of guidelines for physical education in grades kindergarten through twelve. Ohio Revised Code 3301.079(A)(3) states that either these guidelines or a set created by the state board of education must be adopted. This statue also requires that the state employ a full-time physical education coordinator to provide guidance and technical assistance to districts, community schools, and STEM schools in implementing the physical education standards adopted under this division.

To accompany this law, the legislature also adopted ORC Section $\underline{3302.032(A)}$ and $\underline{3302.032(B)}$ to create wellness and physical education measures on the building and district report cards.

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## Physical Education and Wellness Measures

For district and school report cards, physical education and wellness data is reported through four measures.

1. The extent to which the students meet physical education benchmarks
2. Whether the district implemented a local wellness policy required by federal regulation
3. Whether the building and/or district elected to administer Body Mass Index screenings to students (Data gathered by the Ohio Department of Health)
4. Participation in the Physical Education Pilot Program

These elements are reported in the Organization - General Information Record (DN Record).

## Meeting Physical Education Standards

There are five physical education content standards and two benchmarks per standard per grade band. The standards are interrelated and contribute to a comprehensive physical education program. Students are required to test on each benchmark once per grade band (K-2, 3-5, 6-8, 9-12). It is up to each district to determine locally when a student is tested within the grade band.

For example, students must be tested on each benchmark sometime in the K-2 band, but districts can decide locally whether to test in kindergarten, first grade, second grade or a combination of two or all three grades in the band.

The standards are located at the following link: Physical Education Standards
Students tested on the physical education benchmarks receive one of the following scores:

- 1, 2, or 3

The scores for all the benchmarks in which a student is assessed are averaged together and a student receives one of the following overall scores:

- 1 - Limited
- 2 - Proficient
- 3 - Advanced

The aggregated counts of students scoring in each range are reported to EMIS by grade band as part of the DN record.

Note: The grade span of a school may not align with the grade span required for testing and some schools may have no data to report.

For example, if a district has a building that serves only Kindergarten students, and the district elects to wait and test students in the KG-2 band in second grade, the kindergarten building will have no data. When reporting data for the kindergarten building, the district uses the option with asterisks for that grade band, which tells ODE that a building SERVES one or more grades in the grade band, but students in that building are not evaluated. (i.e. in the example above, the building would report data using the PHYSED**KG option).

A school also may serve more than one grade band and will have data in two or more bands to report. For example, if a school serves grades K-5 it would report data in both the KG-2 and 3-5 band.

## Data Elements

The data elements that are reported in the DN record are as follows:

Grade Band K-2 PHYSEDLMKG PHYSEDPFKG PHYSEDADKG PHYSEDNEKG
PHYSED**KG

## Grade Band 3-5

PHYSEDLM03
PHYSEDPF03
PHYSEDAD03
PHYSEDNE03
PHYSED**03

## Grade Band 6-8

PHYSEDLM06
PHYSEDPF06
PHYSEDAD06
PHYSEDNE06
PHYSED**06

## Grade Band 9-12

PHYSEDLM09
PHYSEDPF09
PHYSEDAD09
PHYSEDNE09
PHYSED**09

Count of students at the limited level in the KG-02 grade band Count of students at the proficient level in the KG-02 grade band Count of students at the advanced level in the KG-02 grade band Count of students not evaluated in the KG-02 grade band Evaluation not conducted at this grade band for the building

Count of students at the limited level in the 03-05 grade band Count of students at the proficient level in the 03-05 grade band Count of students at the advanced level in the 03-05 grade band Count of students not evaluated in the 03-05 grade band Evaluation not conducted at this grade band for the building

Count of students at the limited level in the 06-08 grade band Count of students at the proficient level in the 06-08 grade band Count of students at the advanced level in the 06-08 grade band Count of students not evaluated in the 06-08 grade band Evaluation not conducted at this grade band for the building

Count of students at the limited level in the 09-12 grade band Count of students at the proficient level in the 09-12 grade band Count of students at the advanced level in the 09-12 grade band Count of students not evaluated in the 09-12 grade band Evaluation not conducted at this grade band for the building

For the purpose of determining the rating that is displayed on the report card, schools and districts earn points for each student based on the level of proficiency in meeting the benchmarks. The table below details the points awarded based on student's overall score.

| Student Overall Score | Points towards Benchmark |
| :---: | :---: |
| 1 - Limited | 1 |
| 2 - Proficient | 2 |
| 3 - Advanced | 3 |

If data is reported in more than one grade band, the number of students in each range are summed to award the points. For example, if a school reports 12 students in the Limited range for the KG-2 band and 8 students in the Limited range for the 3-5 band, a total of 20 students earn 1 point for the school.

The final number of points are averaged using the total enrollment of the school/district, and the building or district receives a rating of High, Moderate or Low Success based on the ranges of points shown in the table below.

| Report Card Reporting | Average Student Score |
| :--- | :--- |
| High Success | Average student score $2.75-3.0$ points |
| Moderate Success | Average student score $1.75-2.74$ points |
| Low Success | Average student score $0.0-1.74$ points |

## Example Calculation

For School X, which had the following data reported for 93 students:

- 14 students scored Advanced in meeting the benchmarks in their grade band.
- 71 students scored Proficient in meeting the benchmarks in their grade band.
- 8 students scored Limited in meeting the benchmarks in their grade band.

93 total students are in the calculation for this school

- $14 \times 3$ points $=42$ points
- $71 \times 2$ points $=142$ points
- $8 \times 1$ point $=8$ points

93 students earned 192 points for an average of 2.06 points per student.
192/93 = 2.06 = Earning 2.06 points places the school in the "Moderate Success" range.

## BODY MASS INDEX SCREENING

School districts and individual schools within a district have the option to administer Body Mass Index (BMI) screenings to students enrolled in kindergarten as well as grades three, five, and nine. This program is overseen by the Ohio Department of Health. Technical questions on the BMI screening process, what the data means, and how to use it should be directed to that agency. The Department of Health also provides a document with Guidelines for Measuring Heights and Weights and Calculating BMI.

Districts must notify parents before taking the measurement and allow parents to opt out of participation. While the Ohio Department of Education reports whether a school or district is participating in screenings, it does not administer this program. At the end of each school year, the Ohio Department of Education simply receives a list of schools and districts from which the Department of Health received data. That list is used to issue a green check that is displayed on the report card to show the entity participated in the program. No data for this element gets reported in EMIS and the Department of Education does not receive any data from the Department of Health beyond participation.

## LOCAL WELLNESS POLICY

Federal regulation requires each school district that participates in the National School Lunch Program or other federal Child Nutrition programs to establish a local school wellness policy for all schools under its jurisdiction.

The DN record in EMIS includes an element called LCLWELLPOL, which is where the district reports whether it does or does not have a policy. If a policy exists, districts report a " $Y$ " for this field. If there is no policy, districts report " N ".

The United States Department of Agriculture (USDA) Food and Nutrition Service (FNS) oversees all school nutrition programs and publishes information on Local School Wellness Program Policies.

Districts with a local wellness policy (signified by reporting a " $Y$ " for this element) will receive a green checkmark on their report card. Schools that belong to a district with a " $Y$ " also will be credited with having a policy in place.

## PHYSICAL EDUCATION PILOT PROGRAM

The Physical Education Pilot Program is an optional program. Schools and districts that choose to participate must provide every student with 30 minutes of moderate to rigorous physical activity every school day or 150 minutes per week.

It is important to understand that districts or schools choosing to participate in this program must submit a participation form for the current school year no later than August 30 of that year. Additionally, at the end of the school year, the district or school must complete a brief summary form by late May to early June of that school year to report that the program was completed. No data for this element gets reported in EMIS.

The Ohio Department of Education uses the participation form and summary form to determine which districts and schools participated in the pilot versus using data reported in EMIS. Participation and completion forms can be found on the Department of Education webpage, Physical Activity Pilot Program.

Districts and schools that participate and complete the required form submissions will receive a green checkmark on their report card.

