

# Wellness and Physical Education Data Technical Documentation



Traditional District and School  
Report Cards

2023-2024 School Year



**Department of  
Education &  
Workforce**

# Revision History

The revision history section provides a means for readers to easily navigate to the places where updates have occurred from prior years. Significant changes and updates are indicated through underlined blue text for additions and red text with strikethroughs for deletions. Minor changes- such as typos, formatting and grammar corrections are not marked.

Date	Effective	Description

[OHIO REVISED CODE](#) and [OHIO ADMINISTRATIVE CODE](#) require districts to report data to EMIS and to verify and approve all EMIS data. It should be reviewed and verified prior to the close of the [DIFFERENT DATA COLLECTIONS](#). This verification should include all relevant reports, including those in the Secure Data Center (SDC).

The Secure Data Center (SDC) is an interactive tool that allows districts to review data well before its final and the Report Cards are released. ***The SDC is the main resource districts should use to review Report Card Data but not inclusive please verify all relevant reports from EMIS.***

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## Introduction

The national association for sport and physical education creates a set of guidelines for physical education in grades kindergarten through twelve. Ohio Revised Code [3301.079\(A\)\(3\)](#) states that either these guidelines or a set created by the state board of education must be adopted. This statute also requires that the state employ a full-time physical education coordinator to provide guidance and technical assistance to districts, community schools, and STEM schools on implementing the physical education standards.

To accompany this law, the legislature also adopted ORC Section [3302.032 \(A\)](#) and [3302.032\(B\)](#) to create wellness and physical education measures on the building and district report cards.

## Physical Education and Wellness Measures

For district and school report cards, physical education and wellness data is reported through four measures.

1. The extent to which the students met physical education benchmarks
2. Whether the district implemented a local wellness policy (required by federal regulation)
3. Whether the building and/or district elected to administer Body Mass Index screenings to students (Data gathered by the Ohio Department of Health)
4. Participation in the Physical Education Pilot Program

These elements are reported in the Organization – General Information Record (DN Record).

## Meeting Physical Education Standards

There are five physical education content standards and two benchmarks per standard per grade band. The standards are interrelated and contribute to a comprehensive physical education program. Students are required to test on each benchmark once per grade band (K-2, 3-5, 6-8, 9-12). Districts determine when a student is tested within the grade band.

For example, students must be tested on each benchmark sometime in the K-2 band, but districts decide if that occurs in kindergarten, first grade, second grade or a combination of two or all three.

The standards are located at the following link: [Physical Education Standards](#)

Students tested on the physical education benchmarks receive one of the following scores:

- 1, 2, or 3

The scores for all the benchmarks in which a student is assessed are averaged together and a student receives one of the following overall scores:

- 1 - Limited
- 2 - Proficient
- 3 - Advanced

The aggregated counts of students scoring in each range are reported to EMIS by grade band as part of the DN record.

**Note:** The grade span of a school may not align with the grade span required for testing and some schools may not have data to report.

For example, if a district has a building serving only Kindergarten students but waits to test in second grade (KG-2 band), data will not be available. When reporting data, this district would use the option with asterisks for that grade band. This indicates the building SERVES one or more grades in the grade band, but those students were not evaluated. (i.e. in the example above, the building would report data using the PHYSED\*\*KG option).

A school may serve more than one grade band and have data in two or more bands. For example, if a school serves grades K-5, data would be reported in both the KG-2 and 3-5 band.

## Data Elements

The data elements that are reported in the DN record are as follows:

### Grade Band K-2

PHYSEDLMKG Count of students at the limited level in the KG-02 grade band  
 PHYSEDPFKG Count of students at the proficient level in the KG-02 grade band  
 PHYSEDADKG Count of students at the advanced level in the KG-02 grade band  
 PHYSEDNEKG Count of students not evaluated in the KG-02 grade band  
 PHYSED\*\*KG Evaluation not conducted at this grade band for the building

### Grade Band 3-5

PHYSEDLM03 Count of students at the limited level in the 03-05 grade band  
 PHYSEDPF03 Count of students at the proficient level in the 03-05 grade band  
 PHYSEDAD03 Count of students at the advanced level in the 03-05 grade band  
 PHYSEDNE03 Count of students not evaluated in the 03-05 grade band  
 PHYSED\*\*03 Evaluation not conducted at this grade band for the building

### Grade Band 6-8

PHYSEDLM06 Count of students at the limited level in the 06-08 grade band  
 PHYSEDPF06 Count of students at the proficient level in the 06-08 grade band  
 PHYSEDAD06 Count of students at the advanced level in the 06-08 grade band  
 PHYSEDNE06 Count of students not evaluated in the 06-08 grade band

**Grade Band 9-12**

PHYSEDLM09 Count of students at the limited level in the 09-12 grade band

PHYSEDPF09 Count of students at the proficient level in the 09-12 grade band

PHYSEDAD09 Count of students at the advanced level in the 09-12 grade band

PHYSEDNE09 Count of students not evaluated in the 09-12 grade band

PHYSED\*\*09 Evaluation not conducted at this grade band for the building

For the purpose of determining the rating displayed on the report card, schools and districts earn points for each student based on the level of proficiency in meeting the benchmarks. The table below details the points awarded based on student's overall score.

Student Overall Score	Points towards Benchmark
1 - Limited	1
2 - Proficient	2
3 - Advanced	3

If data is reported in more than one grade band, the number of students in each range are summed to award the points. For example, if a school reports 12 students in the Limited range for the KG-2 band and 8 students in the Limited range for the 3-5 band, a total of 20 students earn 1 point for the school.

The final number of points are averaged using the total enrollment of the school/district. The building or district receives a rating of High, Moderate, or Low Success based on the ranges of points shown in the table below.

Report Card Reporting	Average Student Score
High Success	Average student score 2.75-3.0 points
Moderate Success	Average student score 1.75-2.74 points
Low Success	Average student score 0.0-1.74 points

**Example Calculation**

School X, had the following data reported for 93 students:

- 14 students scored Advanced in meeting the benchmarks in their grade band.
- 71 students scored Proficient in meeting the benchmarks in their grade band.
- 8 students scored Limited in meeting the benchmarks in their grade band.

93 total students are in the calculation for this school

- $14 \times 3 \text{ points} = 42 \text{ points}$

- 71 x 2 points = 142 points
- 8 x 1 point = 8 points

93 students earned 192 points for an average of 2.06 points per student.

$192/93 = 2.06$  = Earning 2.06 points places the school in the “**Moderate Success**” range.

## **BODY MASS INDEX SCREENING**

School districts and individual schools (within a district) have the **option** to administer Body Mass Index (BMI) screenings to students enrolled in kindergarten as well as grades three, five, and nine. This program is overseen by the [Ohio Department of Health](#). Technical questions on the BMI screening process, interpretation of the data, and how to use it should be directed to that agency. The Department of Health also provides a document with [Guidelines for Measuring Heights and Weights and Calculating BMI](#).

Districts **must** notify parents before taking the measurement and allow parents to opt out. While the Ohio Department of Education & Workforce reports if a school or district participates in screenings, it does not administer this program. At the end of each school year, the Ohio Department of Education & Workforce receives a list of schools and districts from which the Department of Health received data. It is used to issue a green check that is displayed on the report card to show the entity participated in the program. **No data for this element gets reported in EMIS.** The Department of Education & Workforce does not receive any data from the Department of Health beyond participation.

## **LOCAL WELLNESS POLICY**

Federal regulation requires each school district participating in the National School Lunch Program or other federal Child Nutrition programs to establish a local school wellness policy for all schools under its jurisdiction.

The DN record in EMIS includes an element called **LCLWELLPOL**, which is where the district reports whether it does or does not have a policy. If a policy exists, districts report a “Y” for this field. If there is no policy, districts report “N”.

The United States Department of Agriculture (USDA) Food and Nutrition Service (FNS) oversees all school nutrition programs and publishes information on [Local School Wellness Program Policies](#).

Districts with a local wellness policy (signified by reporting a “Y” for this element) will receive a green checkmark on their report card. Schools belonging to a district with a “Y” will be credited with having a policy in place.

## PHYSICAL EDUCATION PILOT PROGRAM

The Physical Education Pilot Program is **optional**. Schools and districts that choose to participate must provide every student with 30 minutes of moderate to rigorous physical activity daily or 150 minutes per week.

It is important to understand that districts or schools choosing to participate in this program **must** submit a participation form **no later than August 30** of that year. Additionally, at the end of the school year, the district or school must complete a brief summary form by late May to early June to report completion of the program. **No data for this element gets reported in EMIS.**

The Ohio Department of Education & Workforce uses the participation form and summary form, [Physical Activity Pilot Program and forms](#), to determine which districts and schools participated in the pilot versus using data reported in EMIS. , Districts and schools that participate and submit the required forms will receive a green checkmark on their report card.