Staying on Topic Within a Grade and Across Grades: How to Build Knowledge Systematically in English Language Arts K–5

Building knowledge systematically in English language arts is like giving children various pieces of a puzzle in each grade that, over time, will form one big picture. At a curricular or instructional level, texts—within and across grade levels—need to be selected around topics or themes that systematically develop the knowledge base of students. Within a grade level, there should be an adequate number of titles on a single topic that would allow children to study that topic for a sustained period. The knowledge children have learned about particular topics in early grade levels should then be expanded and developed in subsequent grade levels to ensure an increasingly deeper understanding of these topics. Children in the upper elementary grades will generally be expected to read these texts independently and reflect on them in writing. However, children in the early grades (particularly K–2) should participate in rich, structured conversations with an adult in response to the written texts that are read aloud, orally comparing and contrasting as well as analyzing and synthesizing, in the manner called for by the Standards.

Preparation for reading complex informational texts should begin at the very earliest elementary school grades. What follows is one example that uses domain-specific nonfiction titles across grade levels to illustrate how curriculum designers and classroom teachers can infuse the English language arts block with rich, age-appropriate content knowledge and vocabulary in history/social studies, science, and the arts. Having students listen to informational read-alouds in the early grades helps lay the necessary foundation for students’ reading and understanding of increasingly complex texts on their own in subsequent grades.

### EXEMPLAR TEXTS ON A TOPIC

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#### The Human Body

Students can begin learning about the human body starting in kindergarten and then review and extend their learning during each subsequent grade.

**The five senses and associated body parts**
- *Hearing* by Maria Rius (1985)
- *Sight* by Maria Rius (1985)
- *Smell* by Maria Rius (1985)
- *Taste* by Maria Rius (1985)
- *Touch* by Maria Rius (1985)

**Taking care of your body: Overview (hygiene, diet, exercise, rest)**
- *My Amazing Body: A First Look at Health & Fitness* by Pat Thomas (2001)
- *Get Up and Go!* by Nancy Carlson (2008)
- *Go Wash Up* by Doering Tourville (2008)
- *Sleep* by Paul Showers (1997)
- *Fuel the Body* by Doering Tourville (2008)

#### Introduction to the systems of the human body and associated body parts

- *Me and My Amazing Body* by Joan Sweeney (1999)

**Taking care of your body: Germs, diseases, and preventing illness**
- *Tiny Life on Your Body* by Christine Taylor-Butler (2005)
- *All About Scabs* by Genichiro Yagi (1998)

#### Digestive and excretory systems

- *What Happens to a Hamburger* by Paul Showers (1985)
- *The Digestive System* by Christine Taylor-Butler (2008)
- *The Digestive System* by Rebecca L. Johnson (2006)
- *The Digestive System* by Kristin Petrie (2007)

**Taking care of your body: Healthy eating and nutrition**
- *Good Enough to Eat* by Lizzy Rockwell (1999)
- *Showdown at the Food Pyramid* by Rex Barron (2004)

#### Muscular, skeletal, and nervous systems

- *Bones* by Seymour Simon (1998)

#### Circulatory system

- *The Heart and Circulation* by Carol Ballard (2005)

#### Respiratory system

- *The Lungs* by Seymour Simon (2007)
- *The Remarkable Respiratory System* by John Burstein (2009)

#### Endocrine system

- *The Endocrine System* by Rebecca Olien (2006)
- *The Exciting Endocrine System* by John Burstein (2009)