

The Science (and Poetry) of Reading

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THE MISSION

Literacy is a basic human right. In every "zip code". Everywhere.

Reading is our species' Canary in the Mind

 Literacy changes the brain, which changes the individual, which changes society, which changes the future species

• This has all begun to change within a digital culture ---

with both promise and perils.





The HINGE MOMENT: From Print Culture to Digital World







Classrooms



Cell / Neuron



Why Neuroscience and Education?

"Parents and educators must have a better understanding of what reading changes in a child's brain. I am convinced that increased knowledge of these circuits will greatly simplify the teacher's task."

Stanislas Dehaene



Let's Begin with the Reading Circuit



The human brain was never born to read.

Each reader creates a new, *plastic* reading circuit from older cognitive and linguistic structures.

PLASTICITY allows Multiple Circuits



Brain can rearrange itself in multiple ways to read, depending on the writing system, education, and medium.

Principles of '*Plasticity Within Limits'* for Reading Brain



Ability to form whole new connected circuits



Ability to recycle and repurpose areas Depends on environment/ characteristics (e.g., writing and medium)

How Does the Brain Learn to Read?

Each new reader must create a **new reading circuit** that connects older linguistic, perceptual, cognitive, and affective networks.

Developing the Components of the Young Brain: Language, Cognition, and Emotions



Phonemes Orthography Semantics Syntax Morphology

Phonemes

Phoneme Awareness

Explicit emphasis on sounds' representations

Semantic, Syntactic, and Phoneme Development



Language Development in Every Book and Story

32 Million Word Gap



Developing Emotional and Social Development: The Origins of Empathy



Every story introduces the child to a new piece of information about how others think and feel, and a chance to try this on for themselves without fear.

Developing Cognitive Development and Background Knowledge



The rich get richer and the poor poorer."

...Matthew 4:23

(Stanovich for vocabulary)

Antidote: Books From Birth! AAP Literacy Recommendations



Shared reading... **"stimulates optimal patterns of brain development** which, in turn, builds language, literacy, and socialemotional skills that last a lifetime."

Examples: Reach Out and Read; Bring Me a Book

High, P. C. and P. Klass (2014). "Literacy promotion: an essential component of primary care pediatric practice."

Effects of Parents Reading "Under the crook of an arm"

John Hutton et al, Cincinnati Hospital for Children





_eft Hemisphere



- Semantic Processing (Understanding)
- Visual Imagery
- Controlled for household income

"Goldilocks" Effect in Mediums

Parent Book Reading > Audio Book > Animated Story John Hutton



Adapted from S. Dehaene, "Reading the Brain," 2010.
Hutton, et al. *In Submission, 2016*; presented at PAS 2016.



Expressive language
Complex language processing
Social-emotional integration
Working memory/attention

Translating the Pre- Reading Circuit into a Curriculum for Learning to Read



The Great Unnecessary Reading Debate

Phonics emphases: explicit decoding principles and phoneme awareness

Whole Language and Balanced Literacy: Induction/ learning from authentic literature

Insights from the Reading Brain: Explicit, Integrated, Systematic Instruction Across All Components



The more you know about a word...the faster you will read and comprehend words and stories

Multi-component Intervention See Lovett, Wolf, Morris, JEP, 2018



Effect Sizes avg .99 over 14 measures

Six Distinct Profiles of Early Reading



Ozernov-Palchik et al., 2016

Early v. Later Intervention Effects



How Does the Circuit Move from Basic Decoding to "Deep Reading"?



Deep Reading

Background Knowledge Perspective Taking/Empathy Critical Analysis Novel Thought

> Going beyond the wisdom of the author.

Inference, Deduction/Induction, Analogical Thinking Imagery Insight & Reflection

Background Knowledge: Basis of Analogical Thought

99

Reading is cumulative and proceeds with geometric progression: each new reading builds upon what the read has read before.

> Alberto Manguel A History of Reading



Empathy and Perspective-Taking : Our Moral Laboratory

"Here is the Golden Key. It is the capacity to pass over to others and come back to ourselves. We all have the capacity, but we do not all discover it, come to use it, learn to pass over. "

John S. Dunne



Critical Analysis



Connects what is read and what is known with inferences; evaluates our hypotheses; And discerns truth value.

Expert Reading Brain and Contemplative Function



Understanding the Reading Brain Circuit in a Digital Medium in the Time of Covid



Advantages of Technology where there is Access and Equity: Engagement, Practice of Foundational Skills and Dissemination of Background Knowledge

Reading Brain: Basis for Curation and App Development: see Haskins Global Literacy Resource Library

The Reading Circuit Reflects the Medium

"Every medium has its costs and weaknesses... the cost (in the digital medium) seems to be to deep processing."

-Patricia Greenfield, 2009

Evidence on What Digital Culture Diminishes from Infancy to Five: Early Language Development

Hirsh-Pasek et al. 2014 Zuckerman & Radesky, 2017

Evidence in Youth: Attention Changes

Evidence in Young Adults: Comprehension Changes (E-Read Network)

Over 50 studies from 2000 to 2017

171,055 Participants

Print superior to screen for comprehension

"Skimming is the New Normal in Adults"

EVIDENCE

Skimming, browsing, keyword spotting; F or Z pattern

Less concentrated reading;

more distractions

Decreased attention and memory

(Baron, 2014)

Implications for Reader and Society

less time to understand complexity, perceive beauty, and feel empathy; more susceptibility to false information false fears, false hopes, and demagoguery: all threaten a democratic society

Stewards of the Next Generation

"It would be catastrophic to become a nation of technically competent people who have lost the ability to think critically, to examine themselves, and to respect the humanity and diversity of others." Martha Nussbaum

Applying "Best Knowledge" to the Future of Literacy The Development of a Biliterate, Deep Reading Brain

