

Prescribed Curriculum Requirements

The Ohio Revised Code (ORC) [3313.60](#) states that the board of each cooperative education school district shall prescribe a curriculum for all schools under its control for health education. The health education curriculum must include:

- (a) The nutritive value of foods, including natural and organically produced foods, the relation of nutrition to health, and the use and effects of food additives;
- (b) The harmful effects of and legal restrictions against the use of drugs of abuse, alcoholic beverages, and tobacco;
- (c) Venereal disease education, except that upon written request of the student's parent or guardian, a student shall be excused from taking instruction in venereal disease education; This content should also address ORC [3313.6011](#)
- (d) In grades kindergarten through six, instruction in personal safety and assault prevention, except that upon written request of the student's parent or guardian, a student shall be excused from taking instruction in personal safety and assault prevention;
- (e) In grades seven through twelve, age-appropriate instruction in dating violence prevention education, which shall include instruction in recognizing dating violence warning signs and characteristics of healthy relationships.

In order to assist school districts in developing a dating violence prevention education curriculum, the department of education shall provide on its web site links to free curricula addressing dating violence prevention.

If the parent or legal guardian of a student less than eighteen years of age submits to the principal of the student's school a written request to examine the dating violence prevention instruction materials used at that school, the principal, within a reasonable period of time after the request is made, shall allow the parent or guardian to examine those materials at that school.

- (f) Prescription opioid abuse prevention, with an emphasis on the prescription drug epidemic and the connection between prescription opioid abuse and addiction to other drugs, such as heroin.

Furthermore, Governor's Cabinet Opiate Action Team has provided [recommendations](#) for instruction in prescription opioid abuse prevention.

Graduation Requirements

Health, one-half unit, which shall include instruction in nutrition and the benefits of nutritious foods and physical activity for overall health;