School Meal Programs:
It’s More than Just Lunch
Casey Allen and Brigette Hires  March 5, 2018
Special Milk Program
Who Is Eligible?

Students who do not have access to one of the school meal programs:
- School Lunch
- School Breakfast
- After-School Care Snack

Students enrolled in:
- Split-day kindergarten
- Preschools
- Camps
- Day care
Reimbursement

Based on each \( \frac{1}{2} \) pint milk served

Unlimited consumption per student

2017-2018 School Year = 20¢
Three Participation Options

Eligibility determinations with applications

No-cost for all children

All children pay
Benefits of School Breakfast

- Increased attention span
- Fewer visits to the school nurse
- Reduced tardiness
- Increased attendance rate
- Better test scores
- Improved classroom behavior
- Increased use of Commodity Foods
Ohio Breakfast Mandate

Public schools with 20% or more FREE eligible students

Required to implement a school breakfast program
School Breakfast Program

Household notification required annually

Meal signage at beginning of line

Meal Planning
- K-5
- 6-8
- 9-12
- K-12
## School Breakfast Program

<table>
<thead>
<tr>
<th>Food item</th>
<th>K-5</th>
<th>6-8</th>
<th>9-12</th>
<th>K-12</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amount of food per week (minimum per day)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Fruit, Juice or Vegetable, cup</td>
<td>1</td>
<td>1</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>Grain, ounce equivalents</td>
<td>7 (1)</td>
<td>8 (1)</td>
<td>9 (1)</td>
<td>10 (1)</td>
</tr>
<tr>
<td>Milk, cup</td>
<td>5 (1)</td>
<td>5 (1)</td>
<td>5 (1)</td>
<td>5 (1)</td>
</tr>
<tr>
<td>M/MA, ounces</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Calories</td>
<td>350-500</td>
<td>400-550</td>
<td>450-600</td>
<td>450-500</td>
</tr>
</tbody>
</table>
## Breakfast Meal Pattern

### 3 or 4 Items

<table>
<thead>
<tr>
<th>3 Items</th>
<th>4 Items</th>
<th>4 Items</th>
</tr>
</thead>
<tbody>
<tr>
<td>• 1 Grain</td>
<td></td>
<td></td>
</tr>
<tr>
<td>• Fruit</td>
<td></td>
<td></td>
</tr>
<tr>
<td>• Milk</td>
<td></td>
<td></td>
</tr>
<tr>
<td>• 2 Grains</td>
<td></td>
<td></td>
</tr>
<tr>
<td>• Fruit</td>
<td></td>
<td></td>
</tr>
<tr>
<td>• Milk</td>
<td></td>
<td></td>
</tr>
<tr>
<td>• 1 Grain + 1 Meat/Meat Alternate</td>
<td></td>
<td></td>
</tr>
<tr>
<td>• Fruit</td>
<td></td>
<td></td>
</tr>
<tr>
<td>• Milk</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Offer versus Serve

Optional at Breakfast

3 item breakfast ➔ No Offer vs. Serve

4 item breakfast ➔ Offer vs. Serve allowed

- May decline one item
- Must have ½ cup fruit or vegetable
After School Care Snack Program
Program Requirements

- After school hours
- On school days
  - Structured and supervised activities
  - Education and/or enrichment
Reimbursement Rates
2017-2018

- Free - 88 ¢
- Reduced - 44 ¢
- Paid - 8 ¢
After School Care Snack Program

The After School Care Snack Program (ASCSP) is a federal reimbursement program established by the U.S. Department of Agriculture (USDA). The program provides reimbursement to help sponsors serve nutritious snacks to students after their school day ends. The program provides students with a nutritional boost and encourages participation in supervised activities that are safe, fun and filled with learning opportunities.

- After School Care Snack Program Fact Sheet
  - Frequently Asked Questions
- After School Care Snack Program Fact Sheet
- And Justice for All Nondiscrimination Posters
- Daily Worksheet
- School Meals
- Production Record
- Reimbursement Rates
- Sample Menu
- Site Evaluation Form

Last Modified: 1/30/2018 9:36:15 AM
After School At Risk
Benefits of After School Meals for Children

- Pull children into enrichment programs that keep them safe and engaged
- Reduce the risk that students will be without food
- Support working families
Benefits of After School Meals for Children

- Counter obesity
- Help kids learn and stay active
- Provide a base for nutrition education
Eligibility

- Children through age 18 participating in an after school care program under the Child and Adult Care Food Program
- Located in an area served by a school with at least 50 percent of enrolled children certified eligible for free and reduced meals
- Program must provide after school care and education or enrichment activities
Meal Service

One meal and one snack per child per day

After the school day and/or on weekends and vacations in regular school year
At any point during the afterschool program - even when students first arrive
Adhere to meal service time restrictions
Minimum Food Component Requirements

- 2 oz. meat/meat alternate
- \(\frac{3}{4}\) cup fruit/vegetable
- 1 serving bread/grain
- 8 oz. milk (skim or 1%)
## Documents for Monthly Recordkeeping and Reporting

<table>
<thead>
<tr>
<th>Document Type</th>
</tr>
</thead>
<tbody>
<tr>
<td>Daily attendance records</td>
</tr>
<tr>
<td>Point-of-service meal counts</td>
</tr>
<tr>
<td>Receipts: food, supplies, invoices</td>
</tr>
<tr>
<td>Time logs for food and administrative labor</td>
</tr>
<tr>
<td>Daily dated menus with substitutions</td>
</tr>
</tbody>
</table>
Seamless Summer Option
Seamless Summer Option

Combines features of:

- National School Lunch Program
- School Breakfast Program
- Summer Food Service Program

Reduced paperwork

- Easier to feed children during the traditional summer vacation periods
Who is Eligible?

Sponsors of National School Lunch or School Breakfast Programs

Sites in which:
≥ 50% free and reduced
- By building
- By enrollment

Programs:
Only non-graded programs (intervention, enrichment, remedial) are eligible
Program Types

Types of sites

- Open Site
- Restricted Open Site
- Closed Enrolled Site
- Migrant Site
- Camp
Meal Pattern

School must follow the lunch and breakfast meal patterns

One or two meals may be served from the following: breakfast, lunch, snack and supper
Summer Food Service Program
How Can Schools Get Involved?

Sponsor

Vendor

Site

Promote
Where Can Sites Be Located?

School buildings, parks, shelter houses, camps, churches, recreation centers, youth organizations

Libraries, university campuses, playgrounds, pools, apartment complexes and even parking lots!
**Summer Food Service Program**

ODE provides online program training

Schools must complete a separate application

- Choice of meal pattern
- Reimbursement slightly higher
Just a Few Steps Away…

- Complete online potential sponsor survey
- Participate in webinar
- Complete access request form
- Complete online application
Just a Few Steps Away…

Serve meals free of charge to all children ≤18 years

Maintain meal counts sheets

Claim all meals by deadlines

Receive reimbursement
Fresh Fruit and Vegetable Program (FFVP)
FFVP Overview

Provides funding to purchase fresh fruit and vegetables to all enrolled students

Create a healthier school environment by providing healthier choices

Selected schools have the highest percentage enrolled students eligible for free/reduced-price meals
Program Goals

Must be elementary schools

Serve the snack during school day, outside of breakfast and lunch

Include classroom teachers to model healthy behaviors
2018 FFVP Applications

Ohio received $5,073,924

245 schools $55 per student

March 2018 FFVP applications

Applications through CRRS

Informational Webinar
Program Resource Center

USDA Program Resource Center

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- @OHEducationSupt on Twitter
- OhioEdDept on YouTube
SIGN UP FOR PARENT TEXT TIPS

Elementary Students
Text "OHED EL" to 468311

Middle and High School Students
Text "OHED HS" to 468311