

Sustainability Planning for Student Wellness Programs



Sustainability Strategy
Development Worksheet

September 2024



**Department of
Education &
Workforce**

Sustainability Planning for Student Wellness Programs

Sustainability Strategy Development Worksheet¹

PURPOSE

Schools and districts can use this worksheet to support sustainability planning for their student wellness programs. The worksheet guides Sustainability Planning Teams through strategy development in four main areas: (1) **Shared Mission and Vision Statement**, (2) **Core Program Components**, (3) **Goal and Priority Alignment**, and (4) **Potential Strategies for Sustainability Action Plan**.

SHARED MISSION AND VISION STATEMENT

Use the space below to document or develop a mission and vision statement for the program that reflects the shared goals and values of all partners.

Consider the following guiding questions:

- What do we seek to achieve through our student wellness program?
- Why is the program important?
- What benefits does the program provide for students, families, and the community?
- What's the value proposition?

SHARED MISSION AND VISION

¹ Adapted from: Wallace Foundation. (2018). *Summer Sustainability Planning Tool*. Accessible at [the Wallace Foundation's Summer Learning Toolkit page](#).

GOAL AND PRIORITY ALIGNMENT

Identify the strategic goals and priorities of the district and community. In the first column of each table, list the strategic goals and priorities of the district and community. Reference organizational websites and strategic plans to inform these goals. In the second column of each table, consider whether the priorities are supported by components of the student wellness program.

DISTRICT

STRATEGIC GOALS AND PRIORITIES	HOW THE WELLNESS PROGRAM FURTHERS THESE GOALS

COMMUNITY

STRATEGIC GOALS AND PRIORITIES	HOW THE WELLNESS PROGRAM FURTHERS THESE GOALS

Potential Strategies For Sustainability Action Plan

Use the space below to consider program-related strategies or action steps for the Action Plan. Review findings from the team's [Sustainability Self-Assessment](#).

Consider the guiding questions below:

- Do the outcomes merit ongoing investment in the program?
- Does the team want to sustain the full program or select key components? If not, which parts should not be sustained?
- Are there fiscal and staffing resources to sustain the intervention?
- Is there continued leadership support? Is there staff, school community, and other partner support?
- Are the implementation supports (e.g., training, coaching, and data systems) maintainable?
- What key changes need to be made (policies, procedures) to support program sustainability?

POTENTIAL STRATEGIES FOR SUSTAINABILITY ACTION PLAN